

RTOERO

Community grants releases 2023 – District 30 Northumberland

Breaking Bread meal program gets boost with funding help from RTOERO district

Cobourg, Nov. xx, 2023 – A \$4,000 grant from [District 30 Northumberland](#) of RTOERO will help the [YMCA Northumberland](#) to deliver a monthly Breaking Bread program offered free to anyone aged 55-plus within Northumberland County. The program will consist of a meal (lunch or early evening) followed by an educational/entertainment component.

The District 30 funding is part of RTOERO's annual community grants program. Since 1968, RTOERO has been a voice for teachers, school and board administrators, educational support staff and college and university faculty in their retirement.

Our mission is to improve the lives of our members and seniors. RTOERO members also share a desire to give back. Each year, districts apply for grants to support community projects. For 2023, RTOERO funded 22 projects for a total of \$85,270.

To deliver the Breaking Bread program, YMCA Northumberland is partnering with local businesses, entrepreneurs and the Food4All warehouse. The program will commence in November 2023 and run through March 2024.

“We want to provide opportunities to engage the senior population in making social links while enjoying a nutritious meal. Participants will have a chance to connect, chat and laugh with others. That’s important for anyone, and especially those who may be living in isolation or poverty,” says Marsha Jones, President, District 30 Northumberland, RTOERO.

Since the inception of the community grants program 23 years ago, RTOERO has donated almost \$2 million to 550 programs and projects. A committee of RTOERO members assesses the merits of each grants submission.

“We encourage all RTOERO districts to support and partner with local organizations that are making a real difference on key issues,” says Martha Foster, chair of the board at RTOERO. “The projects we back advance things like environmental sustainability, healthy and active living, equity and community connections. In their careers and in retirement, RTOERO members have been dedicated to service, and the community grants program is another way to put that into action.”

District 30 Northumberland includes more than 800 members, and plays a key role in helping them stay active and connected, with each other and the community.

[RTOERO](#) is a bilingual trusted voice on healthy, active living in the retirement journey for the broader education community. With 84,000+ members in 51 districts across Canada, we are the largest national provider of non-profit group health benefits for education retirees. We welcome members who work in or are retired from the early years, schools and school boards, post-secondary and any other capacity in education. We believe in ***a better future, together!***

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